

# LIVE LIFE

Live Life is a project for young people who have experienced homelessness to discover new opportunities and move forward with their lives.

It is a youth led project, where the members have the chance to have their voices heard, to talk about their experiences and feedback to local and national groups on the impact of mental health, poverty and homelessness.

The young people can access training opportunities, volunteering placements and build their confidence and leadership skills.

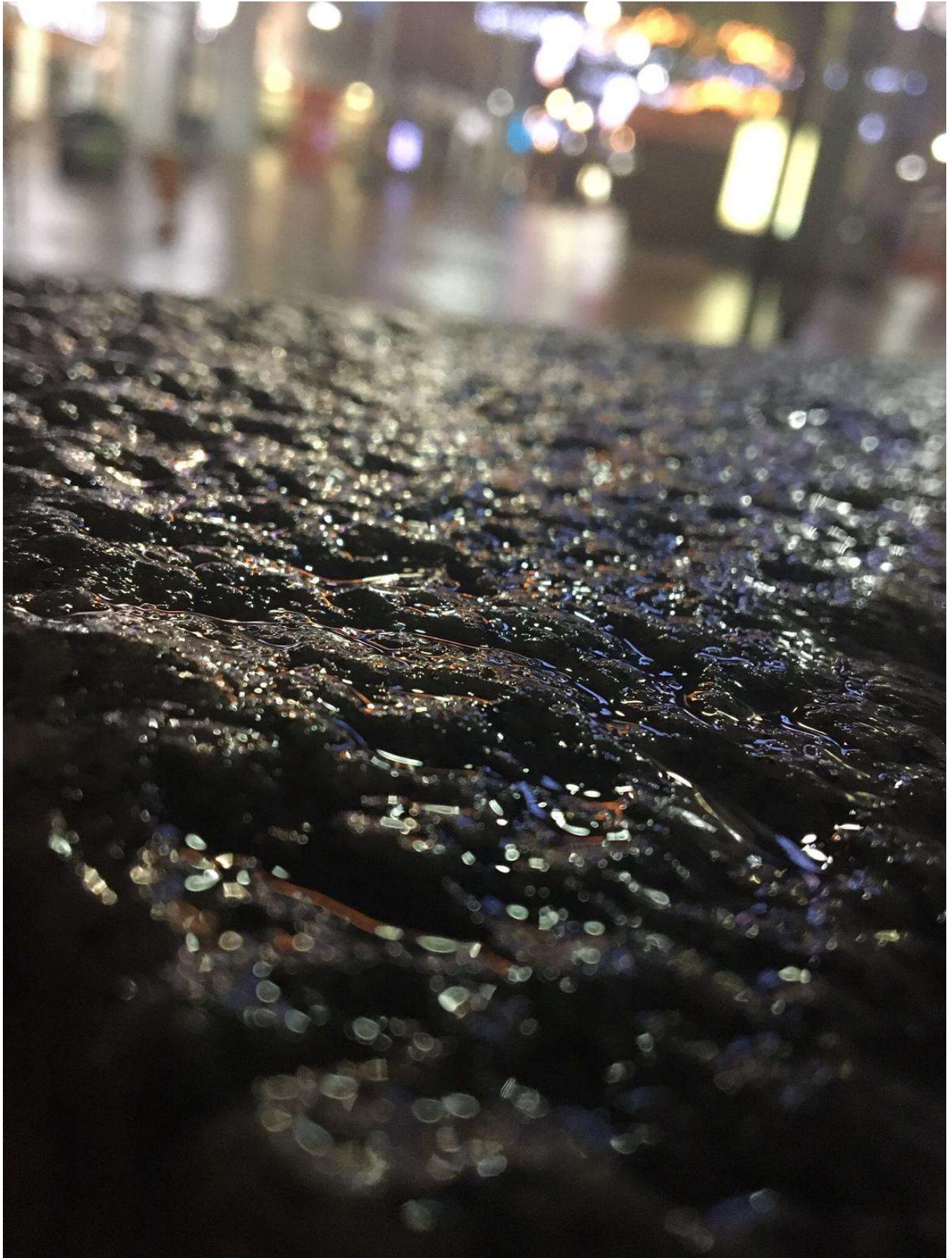
## **What has Lockdown Life been like for your group?**

Lockdown has changed a lot for our group, having to meet in a new virtual world was a big struggle, especially as many of our members didn't have access to smartphones, laptops or internet connections.

We've been able to distribute technology to continue our work and help these young people remain connected. We've seen a big increase in need for food parcels and supermarket vouchers as furlough and job loss has impacted the group, but we've also been inspired by how they have banded together to support one another and continue to campaign for issues that they're passionate about, such as recently writing letters to local MP's to call for free school meals for children.

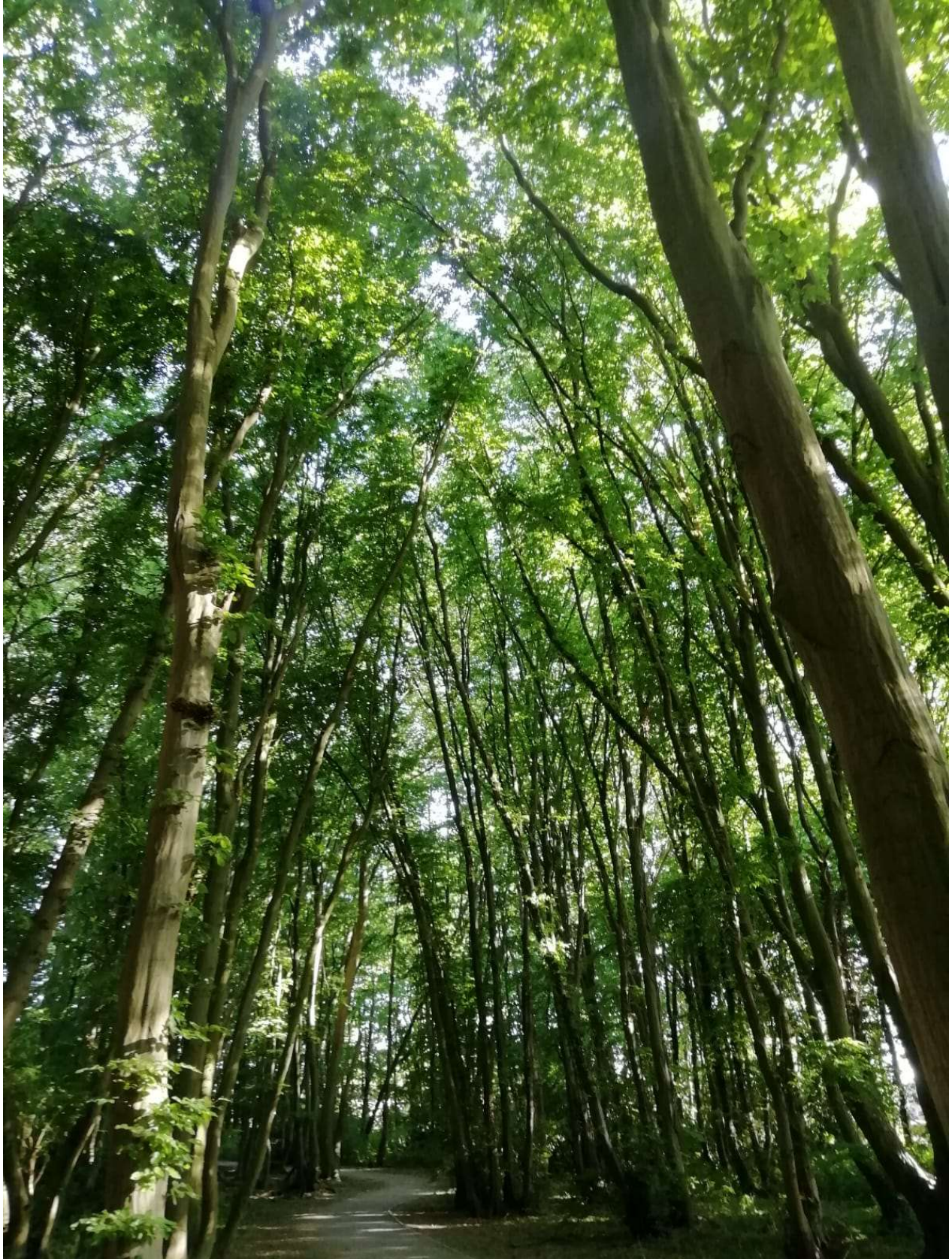
The group have had regular contact one we were able to get technology for them all and they've been progressive in adapting to the changing world. One factor that they've struggled with is the lack of opportunity for volunteering and fundraising, and so many members have taken on challenges and initiatives at home to help raise funds for causes they care about.

# Amadou Bah (Saafa)





# Menthalean Reid





Georgia Kay Williams

