

Putting customers first

Knowing our stuff



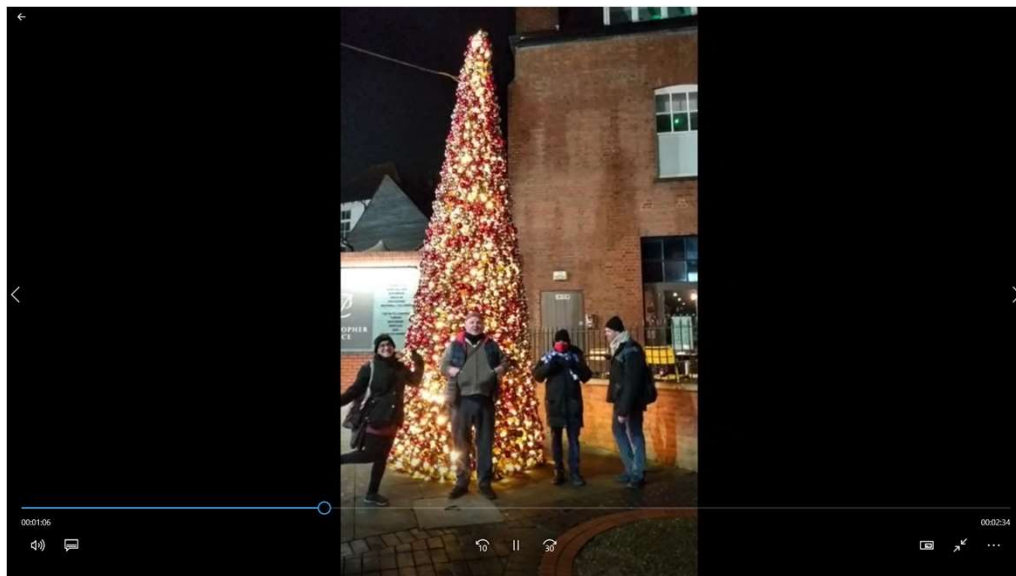
Doing things well

Working together

PASSPORT TO LEISURE

Passport to Leisure is a local group which works with adults with learning disabilities in the community.

We support adults to access leisure and sporting opportunities with the emphasis on promoting independence and life skills and having fun with their peers.



Search for St Albans Daylight Club to see what they've been up to on Facebook

What has Lockdown Life been like for your group?

Like most groups Lockdown has been a real challenge and our members overnight lost their routines, their friendships, their community.

Most placements closed and we were stuck at home. Some of our members live with their families, others in supported living and others independently – it was difficult for all of them.

We set up daily Zoom chats to keep our members connected and engaged. From our Zoom chats we produced a book called *Lockdown Lives* which documented our journey from April'20 till the end of May'20 highlighting our achievements, our walks, our artwork our hopes and aspirations during this challenging period. We were really lucky to work with a creative writer Anna Reynolds who compiled the book with poems and stories.

These Zoom sessions really helped get us all through the three lockdowns and we had great fun chatting, sharing, joking, dancing and singing together. I don't think we would have survived the isolation without them, they gave us the reason to get out of bed in the mornings.

During the second lockdown we made a few videos based on different themes one being I Am Proud Of....., and another on Christmas and the festive lights around St Albans.